



HiP-HOP & Ballet classes

MARCH 4th – APRIL 8th

1st through 4th Grade

These instructional classes will focus on the stretching techniques and basic dance moves of ballet and/or hip-hop. As the class progresses more challenging dance steps will be introduced and be put to music to create a complete choreographed ballet routine or hip hop dance. The instructor for this course will be Marissa Mele. She has danced and taught for many years.

This 6-week course will run from March 4th to April 8th for children in 1st through 4th grade. Ballet and hip-hop will be held on Thursdays in the Elementary School gym. Hip-hop will be 6:15 to 7:00 pm and ballet 7:00 to 7:45 pm. The fee for the 6-week course is \$25 for one class or \$45 if you sign up for both hip-hop and ballet. Non-residents pay an additional \$5. Please bring a water bottle.

Ballet Attire: Girls wear ballet shoes (these can be purchased at Payless or a dance store), tights and a leotard. Hair in a pony tail/bun. Boys wear ballet shoes (any color is fine), athletic clothing, no jeans

Hip-hop Attire: Girls and Boys wear jazz shoes or running shoes (no skater shoes), athletic clothing, NO jeans. Girls must wear hair in a pony tail.

----- **Hip Hop/Ballet – Mar & April (1st to 4th grade)** -----

Participant's Names _____ Phone _____

Address _____ e-mail: _____ Date of Birth _____

Street

city

_____ HipHop _____ Ballet _____ Both HipHop & Ballet

RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT

In consideration of the permission granted to the participant named above to participate in the Ballet or HipHop Dance program, I/we SHALL RELEASE, WAIVE DISCHARGE AND COVENANT NOT TO SUE the Town of Raymond, Recreation Department, their agent and employees from all liability for any and all loss or damage, and any claim or demands therefore on account of injury to the person or property or resulting in death of the named participant except in the case of gross or willful wanton negligence of the Town of Raymond, Recreation Department its agents and employee or otherwise while the named participant participates in the above named program.

I/we further agree to indemnify the Town of Raymond, Recreation Department, their agents and employees from any and all liability, loss or damage including but not limited to bodily injury, illness, death or property damage which the Town of Raymond, Recreation Department, their agents and employees become legally obligated to pay including reasonable attorneys' fees and costs, as a result of claims, demands, costs or judgments, against the Town of Raymond, Recreation Department, their agents and employees on account of injury to the person or property or resulting in the death of the named participant except in the case of gross or willful wanton negligence of the Town of Raymond, Recreation Department, their agents or employees and whether or not such liability is sole, joint or several.

I/we am aware that participation in this program may present a strain on my body, or its parts and therefore I represent to the Town of Raymond, Recreation Department that to the best of my knowledge, I am in a proper physical condition to participate and that I/we assume the risk of participating.

I/we understand that the above program involves traveling to various activity sites. I/we will accept full responsibility for transportation to and from these activities and I/we release, indemnify and hold harmless and persons providing such transportation.

If it is impossible to contact me and it is an emergency, I/we hereby give permission to the attending physician to treat, hospitalize, administer anesthesia, or to order injections or surgery for my safety.

I/we, the undersigned, have read this release and understand all its terms. I/we execute it voluntarily and with full knowledge of its significance. I/we have executed this release on this date indicated next to my/our names.

Signature of Participant

Date